



	Kcal	Price
<u>STARTERS / SHARING</u>		
Panko coated prawns, dressed house salad, lemon and sweet chilli dipping sauce	548	£9.00
Salt & pepper squid, baby gem, lime and Tabasco tartare sauce	542	£9.00
(V/GFA) Creamy woodland mushroom & brie tartine, pea-shoots and a balsamic glaze	515	£9.00
(VGA/GF) Greek feta salad (Main course available for £15.00)	534	£8.50
(GFA) Chicken liver pate served with redcurrant jelly, salad garnish, toast and butter	828	£8.50
(GFA) Sharing Cold Fish Platter: - (Smoked Salmon, Rollmop Herring, Peppered Mackerel, Prawn Marie-Rose) Served with crusty bread, lemon, house salad, dill pickles, capers and tartare sauce	752	£22.00
 <u>MAINS</u>		
Wholetail scampi with chunky chips, garden peas, lemon and tartare sauce	1342	£17.00
(GF) Hand-carved Suffolk smoked ham, two fried eggs and chunky chips	789	£16.00
Southern fried chicken burger, smoked bacon, Monterey jack cheese, rocket, tomato, BBQ sauce, coleslaw and fries	1156	£16.00
(GF) Hunters chicken with coleslaw and fries	825	£16.00
Adnams Ghostship battered Fish and chunky chips, lemon, tartare sauce and garden peas	1310	£17.00
<i>50p from every fish & chips purchased is donated to support the charitable works of the Adnams Community Trust</i>		
Tagliatelle Bolognese served with Parmesan shavings and garlic bread	1012	£16.00
(GF) Five Bells Twice cooked pork belly served with creamy mash, sautéed greens, roasted carrots, Wild Wave pan gravy and topped with parsnip crisps	1123	£19.00
(VG/GFA) Coconut, mushroom and butterbean curry served with scented rice, naan bread and mango chutney (Add King Prawns for an additional £3.50)	985	£15.00
(VGA) Spinach & sun-dried tomato tagliatelle with feta, rocket and a balsamic glaze	824	£16.00
Crispy sweet chilli chicken served with Asian slaw, scented rice and prawn crackers	898	£16.00
(GFA) King prawn, saffron, potato and leek chowder served with crusty bread & butter	891	£17.00

Our menus are locally sourced, responsibly produced and sustainably delivered



SIDES / NIBBLES

(VG/GF)	Bowl of Olives	212	£3.50
(GF)	Chunky chips OR Fries (<i>add cheese + 50p</i>)	214 / 439	£3.50
(V)	Garlic bread (4) (<i>add cheese + 50p</i>)	270 / 405	£4.00
(VG/GFA)	Sauteed greens, roasted carrots, crispy onions & balsamic glaze	134	£3.50
(VG/GF)	Dressed house salad	95	£3.50
(V)	Onion rings	768	£3.50
(V)	Bread & Butter (per slice)	110	75p
(V)	Crusty Bread	210	£1.50
(VG/GF)	Coleslaw	321	£3.00

SANDWICHES

*Served on fresh white **or** granary bread with salad garnish (**Lunch Service Only**)*

	Hand carved Suffolk smoked ham & English mustard	720	£9.00
(V)	Cheddar Cheese and Suffolk chutney	853	£8.50
	Prawn & Marie-Rose sauce	850	£9.50
	Classic BLT (with mayonnaise)	1020	£9.50

SMALLER PLATES

	Chicken goujons, chips and garden peas	689	£9.00
(GFA)	2 Sausages, mash, peas & gravy (vegetarian option available on request)	797	£9.50
	Tagliatelle Bolognese with garlic bread	612	£9.00
(GF)	Hand-carved Suffolk smoked Ham, fried egg and chips	657	£9.00
(VG/GF)	Coconut, mushroom and butterbean curry served with scented rice (<i>Add King Prawns for additional £3.50</i>)	610	£9.00
	Battered fish and chips, peas, lemon and tartare sauce	965	£10.00
	Wholetail scampi with chips, peas, lemon and tartare sauce	758	£10.00
(GF)	King prawn, saffron, potato and leek chowder	642	£12.00

For more information on the Adnams Community Trust please scan the QR code



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