



		Kcal	Price
TO START			
(VGA)	Tomato gazpacho, cucumber, basil oil	229	£7.95
(GFA)	Warm ciabatta, houmous, olives, balsamic dipping oil	445	£8.95
(VG)	Slow roasted Heritage tomatoes, toasted bruschetta, crispy onions	260	£8.95
(GF)	Halloumi fries, house salad, sweet chilli sauce	554	£8.95
(GF)	Prawn, crayfish, smoked salmon gem lettuce cups, Marie rose sauce	478	£10.95
	Hoisin slow braised pork belly bites, pickled vegetables, toasted sesame seeds	468	£10.95
(VGF)	Grilled goats cheese, beetroot and walnut salad, balsamic dressing	437	£10.95
TO FOLLOW			
(VA)	Herb crusted brie and bacon macaroni cheese, garlic bread	819	£17.95
(GF)	Hand-carved Suffolk smoked ham, two fried eggs, chunky chips	856	£17.95
	Whole tail scampi, chunky chips, garden peas, lemon, tartare sauce	988	£17.95
	Adnams Ghost Ship battered fish, chunky chips, garden peas, lemon, tartare sauce	1263	£18.95
	50p from every fish & chips purchased is donated to support the charitable works of the Adnams Community Trust		
	Five Bells cheese and bacon burger salad, fries, coleslaw	1215	£17.95
(V)	Goats cheese, spinach, red onion marmalade tart, potato salad, house salad	750	£17.95
(VA)	Kiln roasted salmon, radish and beetroot salad, honey mustard dressing, croutons	778	£18.95
(GF)	Roast chicken supreme, parsnip puree, sauteed potatoes and greens, chive oil	776	£19.95
	Hot fish platter, crispy whitebait, salt and pepper squid, panko prawns, house salad, tartare sauce, sweet chilli sauce and pickles	1190	£19.95
(GFA)	King prawn, saffron, spinach, potato & leek chowder served with warm ciabatta & butter	891	£19.95
(GF)	Twice cooked pork belly, colcannon, apple purée, honey roast carrot, Adnams Wild Wave gravy	998	£21.95
SIDES			
	Dressed house salad /buttered new potatoes/sautéed greens, balsamic glaze & crispy onions /onion rings/coleslaw/chunky chips/fries/garlic bread (add cheese for 95p)		£3.95

For dietary and allergen information, please speak to a member of our team.

Adults require around 2000 Kcal a day.

(VG) = Vegan (V) = Vegetarian (VGA) vegan available (VA) vegetarian available (GF) = Gluten Free (GFA) = Gluten Free Available



WARM CIABATTA, DRESSED HOUSE SALAD (SERVED LUNCH TIME ONLY)

	Hand-carved Suffolk smoked ham cheese and chutney	571	£9.95
	Prawn and crayfish Marie Rose sauce, baby gem lettuce	643	£10.95
	Sausage and red onion marmalade	615	£9.95
(V)	Halloumi and roasted red pepper, chilli jam	528	£9.95
	Dressed house salad/onion rings/coleslaw/chunky chips/fries/garlic bread (add cheese for 95p)		£3.95

Smaller Appetite? Please Ask a member of staff for the Children's Menu

TO FINISH

	Fresh fruit salad and vanilla ice cream	350	£6.95
(GF)	Sticky toffee pudding, butterscotch sauce, vanilla ice cream	525	£8.95
	Belgium chocolate brownie, chocolate sauce, toffee fudge ice cream, Biscoff crumb	556	£8.95
(GF VG)	Mango and coconut cheesecake, raspberry sorbet	609	£8.95
(V)	Ice cream & sorbets: choose from	788	£2.00
	Chocolate/strawberry/toffee fudge/vanilla (vegan vanilla available)		per
	Raspberry sorbet/mango and passionfruit sorbet		scoop



For more information on the Adnams Community Trust please scan the QR

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